BCM ARYA MODEL SR. SEC. SCHOOL
Shastri Nagar, Ludhiana

Presents

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FAP NATIONAL AWARD 2025
THE BEST SCHOOL AWARD





YOUTH IDEATHON
SCHOOL OF INNOVATION



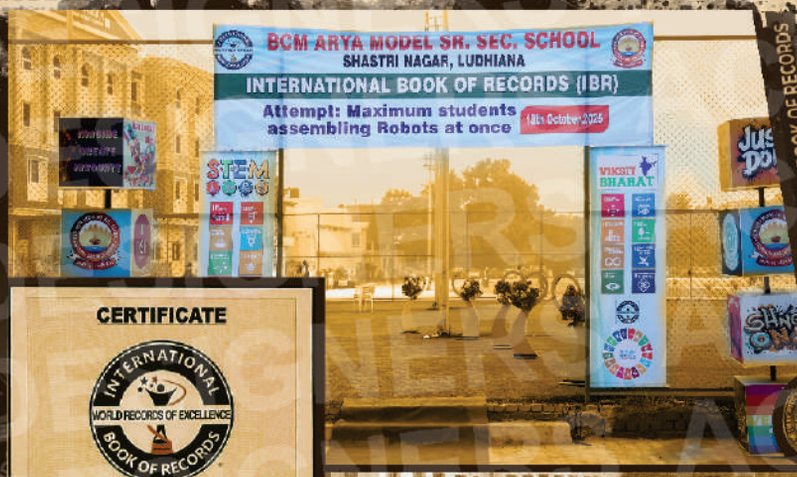


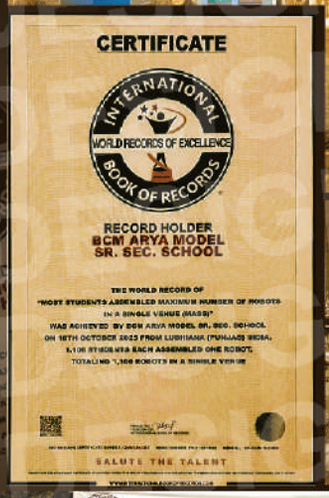
CFORE SCHOOL EXCELLENCE AWARD

A Historic Milestone

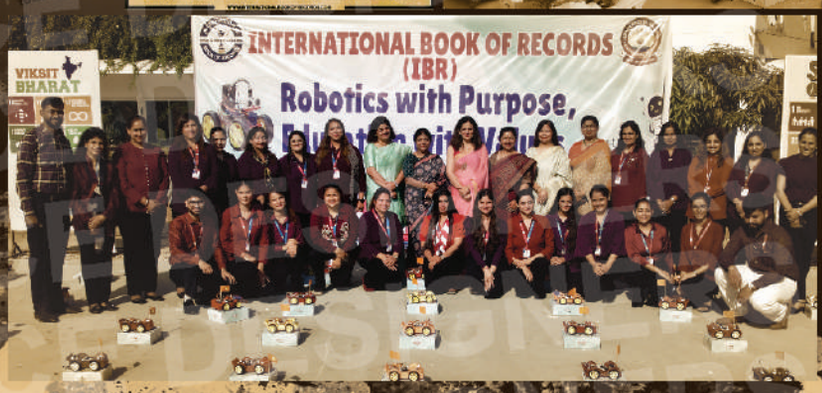
History was scripted on 18 October 2025 when BCM Arya carved a golden chapter in its legacy by entering the International Book of Records. On this landmark occasion, **1,106** students from Classes V to XII came together for a record-breaking robotics endeavour, completed within an astounding 6.57 minutes at a single venue, powerfully celebrating STEAM education and future-ready learning under the inspiring theme **"Robotics with Purpose, Education with Value; India with Vision – Viksit Bharat."**

The achievement was officially validated by Mr. Arvind Dhingra (Executive Director, Science & Technology Entrepreneurs Park, GNDEC) and Dr. Amit Kamra (Associate Professor, Department of Information Technology, GNDEC, Ludhiana) who applauded the event for its flawless execution, meticulous planning, and exemplary student discipline, calling it "a proud moment for Ludhiana and a monumental stride in nurturing future innovators towards the dream of a Viksit Bharat"









INTERNATIONAL BOOK OF RECORDS

Editorial

Your Name Is Your First Brand

Dear Students, Pause for a moment and think-when someone hears your name, what comes to their mind? But what truly lasts is something deeper– in the real world, that name is never just a word; it becomes your identity, your reputation and ultimately, your brand.

Big companies spend years and fortunes building their brands. You are doing the same thing quietly every day – through your punctuality, discipline, attitude, and your choices. A brand is not built by what you say about yourself; it is built by what others experience when they deal with you.

Think of Oprah Winfrey for resilience, Cristiano Ronaldo for discipline, Malala Yousafzai for courage, Nelson Mandela for forgiveness, Kalpana Chawla for perseverance, and Serena Williams for confidence. Their fame was not luck but the result of character, commitment, and continuous efforts that gave true power to their names.

One day, your name will appear on a degree, a visiting card, or a company door. People will not just read it – they will remember what it stands for.

Marks may fade. Roll numbers will change. Profiles may disappear.

But your name will walk with you in the classroom, the workplace, and every sphere of life.

Make your name- your signature of trust, a symbol of effort, eventually your personal brand.

And one day, the world will not ask, "Who are you?"

It will say, "We know that name."

That is the power of a name.

That is why your name is your first – and most powerful – brand.

Mrs. Pooja Arora

Editor

A Regal Unveiling

*Hon'ble Punjab Governor **Shri Gulab Chand Kataria** inaugurated BCM Arya's Multi-Purpose Aryavrat Sports Field*

In a landmark stride towards athletic distinction, our school marked a significant moment with the grand inauguration led by the Hon'ble Governor of Punjab, Gulab Chand Kataria, as the Chief Guest, in the presence of Sh. Himanshu Jain, Deputy Commissioner, Ms. Pragati Verma, Assistant Commissioner and Ms. Dimple Madan, District Education Officer, Ludhiana.





NATIONAL TRIUMPH

Prithvi Rakshak' Revolutionizes Sustainability —
Wins ₹25 Lakh Grant in Samsung Solve for Tomorrow 2025

Selected from 20,000 nationwide entries, our brilliant young changemakers **Abhishek Dhanda** (XII CFS), **Prabhkirat Singh** (XII NM A) and **Rachita Chandok** (XII Com C) won Samsung Solve for Tomorrow 2025 for their eco-innovation Prithvi Rakshak, securing a ₹25 lakh grant and being felicitated by **J.B. Park**, President & CEO, Samsung, at the national finale **for developing Vermi Kendra, an AI-powered, IoT-enabled system** that converts organic waste into valuable eco-products.



Teachers At The Indian Parliament

A Momentous Visit

Witnessing democracy in action, 50 teachers from BCM Arya and BCM Cambridge International School visited the Parliament of India where they explored both the New and Old Parliament Houses along with the Parliament Gallery and were insightfully addressed by **P. K. Mallick, Director,** and **K. G. Sidhartha, Deputy Secretary, Lok Sabha Secretariat.**





Students on a
European Cultural Immersion

Our students set out on a dynamic European sojourn across Paris, Belgium, Mannheim, and Switzerland.





Children's Day Book Release

On the occasion of Children's Day, BCM Aryans unveiled **Green Chronicles,** a compilation of students' writeups that reflects originality, thoughtful expression and creative engagement with meaningful themes.



A Rip-Roaring Success

Inter School Competitions

Future Founders Challenge 2025

Team Revobin of our school comprising **Kunwar Taneja** (IX E), **Devnoor Singh Bedi** (IX F) and **Pranav Chhuneja** (IX E) won the **2025 Future Founders Challenge** with an AI-powered smart bin, earning a **₹1,00,000 cash prize** and **free pre-incubation support**



TURF - Overall Trophy

Category	Position	Cash Prize
Battle of the Crew (Group Dance)	2nd Prize	15000/-
Runway 101 (Fashion Show)	2nd Prize	15000/-
Quiz	1st Prize	10000/-
Dumb Charades	1st Prize	10000/-
Sur Mantra Solo Song-	3rd Prize	2500/-
The Well Debate	3rd Prize	2500/-



G.S. Memorial

Category	Position
Tableau Vivant (English Play)	1st Prize
Ballads and Beyond Veergatha (Music Event)	1st Prize
World War-III- The Ultimate Question	1st Prize
Mythic Beats (Classical Group Dance)	2nd Prize
Echoes of Harmony (Group Dance)	2nd Prize
Quest for the Past (Quiz Competition)	1st Runners Up
Voice for you Chatbot	1st Runners Up
Warfare Solutions	2nd Runners Up
Peace Council Simulation	2nd Runners Up



A Moment of GLOBAL PRIDE

Ravya Grover (IX) brought global laurels by winning the **Scholar Excellence Award (1st Runner Up)** and **₹1,500 cash prize** in the **2nd International Competency Test 2024–25** conducted by the Commerce Teachers' Foundation (CTF) at the India International Centre, New Delhi.



Regional Level
CBSE Science Exhibition
@ Nankana Sahib Public School, Ludhiana.

Recreational Mathematical Modelling (Sr. Category) **Amreena Singh** (XI-NMA) and **Ishnoor Kaur** (XI-NMA)- **1st Prize**.

Sustainable Agriculture theme (Jr. Category) **Priyansha Sadana** (VII-G) and **Namita Gupta** (VIII-A)- **1st Prize**.



TECHNO FEST at BCM School, Sector 32

Category	Students	Position
Pymath Challenge	Sanyam Khanna (XII-NMA)	1st
Kalam Chronicles	Akshom Shukla (X-C) Suhana Bhatia (X-H)	2nd
Science Expo	Prateek Saini (IX-D) Sahibjot Singh (IX-B)	3rd

Overall Third Position, along with a **cash prize of ₹2,000/-**.

MEDIA VERSE, 2025 (PCTE, Ludhiana)

Overall Winner Trophy

Category	Position
Ad Rush	1st
On Air (Radio Jockey)	1st
Reel it Steal it	1st
Breaking Quiz	2nd



Techsprint 3.0 (LPU, Jalandhar)

Category	Position	Cash Prize
Event Idea Ignite (Seniors)	1st	₹3000/-
Event Idea Ignite (Seniors)	2nd	₹2000/-
Event TransformX	2nd	₹2000/-
RC Extreme	1st	₹3000/-
Code Craft AI (Juniors)	1st	₹3000/-
Catwalk Chronicles	Best Conceptual Design award	₹2000/-

FDDI Competition (Online)

Manik Sood (Class XI-CFS) and **Simarjot Kaur** (Class XII-CFS) secured the **Second Position** along with a **cash prize of ₹15,000** while **Gurnoor Singh, Vansh Gupta,** and **Tanishka** (IX-B) clinched **Third Position,** earning a **cash prize of ₹10,000.**



Reena-Simmi Declamation Contest

KVM, CIVIL LINES - Overall Trophy

Ridhaan Dutta (IX-D) won **Second Position** and **Advika Kaul** (XI-Medical) secured **Third Position.**



Shabad Gayan Competition

Spring Dale Public School

First Runner-Up position with a **cash prize of ₹7,100/-.**



Wild Wisdom Quiz

Spring Dale School, Amritsar

Priyansha Sadana (VII-G) and **Pranav Chhuneja** (IX-E) secured **First Position**.





Satyug Sangeet Utsav

@ Guru Nanak Khalsa College for women, Ludhiana.

Category	Position
Nukad Natak, Group Dance	1st
Folk Dance Bhangra	2nd
Solo Classical Dance	3rd



Venture Vault, Season 2

CGC University, Mohali

Diya Sood (VI-G), **Myra Narang** (VI-D), and **Urveen Kaur** (VI-J) secured the **2nd Prize** with a **cash award of ₹10,000/-.**



- **Madhav Sharma** (IX-E) and **Japanjot Singh** (X-I) won the **3rd Prize** with a **cash prize of ₹5,000/-.**
- **Gurnoor Singh** (IX-B) and **Vansh Gupta** (IX-B) also bagged the 3rd Prize along with a cash award of ₹5,000/-.



State-Level Glory at GNA University

- **Declamation Competition** held on **Guru Teg Bahadur Ji's Balidan Diwas.**
- **Manrajpreet Singh** (XI-CFS)- **First Prize (Punjabi)**
- **Angel Bhargava** (XII-Medical)- **Second Position (Hindi)**

'Bharat Ko Jano' Quiz

- **Ryan Goyal** (VIII-F) and **Agrim Malik** (VII-A)- **First Prize**
- **Kavish Gupta** (XI-CFT) and **Aditi** (IX-B)- **Second Prize**





Jugaad Mela

Social Impact Category

Ishnoor Kaur, Amreena Singh and Siya Kaushal (XI NM-A) got **2nd Prize** in the **Social Impact category** and a **Cash Prize ₹3,000/-**

- **Divyam Jain and Deepjot Singh** of X-G got **1st Prize** and a **Cash Prize ₹5,000/-**



Young Climatizers Finale @ NABI Mohali

- **Team Footprint AI: Pratik Saini** (IX-D) and **Sahibjot Singh** (IX-B) secured **2nd Prize** along with a **cash award of ₹15,000/-**



Sanil Yaadgaar Pratiyogta Art Competition

@KVM, Ludhiana

Category	Students	Position
Category A	Gurbani (II-I)	1st
Category E	Anureet (XII Arts)	2nd
	Vanshika (XI Arts)	Consolation
Category B	Prabhnoor (V A)	Consolation

Our Dynamic Duo's Winning Streak

Team Synergy Sharks

Gurnoor Singh (IX-B) and **Vansh Gupta** (IX-B) awarded with multiple prizes at various competitions -

- **Junk to Genius- Best Innovator Award** and **Cash Prize: ₹11,000/-**
- **Jugaad Mela- Overall Winners and Cash Prize: ₹5,000/-**
- **Cross Your Enterprise Team Pitch – 3rd Prize and Cash Prize: ₹5,000/-**



Vedic Group Song Competition

Competing against **192 participants** from 15 schools **BCM Arya** coveted First Prize and Rolling Trophy.



LSSC Achievements



Oratory

National Level-Spiritual Echoes (Poetry) Yedhant Bhakoo (VII-G) – **First Position** and **cash prize of ₹ 21,000/-.**

Story Telling

Hargundeep Kaur (VII-A) and **Vihaan Aggarwal** (VIII-D) secured the **Second Prize** at the **LSSC Chronicles of Science (Inter-School Storytelling Competition)** held at Police DAV Public School, Civil Lines, Ludhiana.



Fine Arts

Anureet Kaur of Class XII-Arts emerged as the winner at the **Fine Arts Sahodaya Competition** securing **First Position.**



Poem Recitation Competition

Samaira (V-D)-**1st Prize (English)** and **Sahira Behl** (III-I)-**Consolation Prize (Hindi)** at the **LSSC Poem Recitation Competition at Indus World School**

LSSC Marketing & Advertising Competition

Avi Arora (XII-NM B), **Simarjot Kaur** (XII-CFS) and **Manik Sood** (XI-CFS) secured **Third Prize** at the LSSC Marketing & Advertising Competition, held at **BCM Sr. Sec. School, Basant Avenue, Dugri.**



Hindi Symposium

Karamveer Singh (XI- CFS) and **Ridhaan** (IX-D) clinched **First Prize** at the **LSSC Hindi Symposium** held at **Atam Public School, Ludhiana.**



Radio Jockey

Ridhaan Dutta (IX-D) and **Rabbya Wadhwa** (IX-E) - **1st Prize** in **LSSC RADIO JOCKEY** event held at **Darshan Academy, Ludhiana.**

Green School Programme

Small Green Steps, Shaping a Greener Future

A **Swachhta Hi Sewa session** was conducted by the District Administration in collaboration with LMC. The event was graced by the City Mayor, Principal Inderjeet Kaur, the Zonal Commissioner, and MC officials, and concluded with a Swachhta Pledge to keep Ludhiana clean and litter-free.

Climate Action Project– Global

Aligned with SDG 13: Climate Action, an awareness programme was conducted on Climate Change– highlighting its causes, effects, and solutions.

Harit Deepotsav – The Eco Glow Fest 2025

Harit Deepotsav – The EcoGlow Fest 2025 was observed with NGOs Aashirwad and ***Ek Jot Viklang Bachon Ka School*** showcasing handmade festive artefacts.

Cyber Jagrit Bharat– Key Highlights

Our school observed Cyber Awareness Campaign from October to December under the National Theme **Cyber Jagrit Bharat**. The initiative included Cyber Safety Pledge, sharing daily cyber safety content, training teachers through the CBSE Cyber Shikshak Course, organising weekly Cyber Safety assemblies and sessions, and actively participating in the Stay Safe Online Campaign of the Government of India.





Our school was selected for the launch of the project 'My Waste, My Responsibility' in collaboration with the District Administration and Ludhiana Municipal Corporation, under the guidance of Principal Mrs. Inderjit Kaur and the Hon'ble Mayor, Ludhiana. The event featured a demonstration of the Zero Waste School Programme and the Swachhta App for citizens. A Swachhta Pledge was taken, and ten students were appointed as 'Swachhta Warriors'.



1



2

Community Outreach

Hands That Help, Hearts That Care

3



4



Sustainability Award

Our School received Global Sustainability Award at Miranda College, Delhi University, New Delhi.



5





1 Extending Warmth Beyond for flood victims: BCM Arya's Humanitarian Outreach

Our school organised a relief drive, collecting 1,031 blankets, 600 sweatshirts, and 253 bedsheets. Alongwith two buses carrying the relief material which were sent to the Hussainiwala border while the school management also strengthened the effort by donating **₹4,00,000** through various NGOs.

2 Swasth Kavach Award

BCM Arya contributed proudly in Mission Swasth Kavach organised by the District Administration in collaboration with DMC & Hospital, for which the school management received appreciation for taking a lead role in BP monitoring and awareness project.

3 Session on Post-Flood Measures

D-Class employees were sensitised on Post-Flood Measures and Swachhta Hi Sewa, promoting hygiene, preparedness, and collective responsibility.

4 Hypertension Monitoring Session

Our Hypertension Warriors visited DMC to create awareness on blood pressure monitoring and conducted BP monitoring of dignitaries, including the Hon'ble Deputy Commissioner, Sh. Himanshu Jain, renowned cardiologist Dr. Bishav Mohan, and other officials, for which the team received high appreciation.

5 Daan Utsav 3.0

Our school participated in Daan Utsav 3.0 in collaboration with the District Administration during which students donated warm clothes, blankets, and bedsheets, for which the school also received a Certificate of Appreciation.

6 Cluster Level Orientation Workshop for School Ecoclubs

A Cluster-level Workshop for Eco-Club In-charges was conducted in collaboration with PSCST under Mission LiFE as part of the EEP programme, with 150 participants from six districts. Resource persons from the Pijam Foundation and Punjab Eco-Hackathon, along with Dr. K. S. Bath, Director, PSCST.

Department of Skill Education

Commerce with Financial Skills

ENLIGHTENING SESSIONS



1

From BNP Sh. Paribas, London, shared insights on quantitative trading, risk management, and the growing role of data science in financial markets.

2

An MDP on "Think Like a Treasury" was conducted in collaboration with the Ludhiana Management Association, where Mr Baljeet Singh from Dr. Reddy's Laboratories discussed fund and risk management with students and faculty.

3

Finance experts Mr. Jaskirat and Mr Prince shared industry insights with students, drawing from over two decades of experience.

NSE Course on Trading Technology

Led by Mr Ashish Bansal from NSE, New Delhi, the programme introduced students to stock market trends through candlestick analysis, with all participants receiving certification.



Pan Card Camp

An awareness session on PAN Cards and Income Tax for school staff, covering Form 49A. CFS students also visited the UTI Card Office to gain firsthand understanding of the importance of PAN Cards and the tax filing process.



Team Ashirwad

A Train the Trainer session under the Sahyog initiative was conducted for the Ashirwad faculty, focusing on practical teaching approaches across various skill-based disciplines.



Industry visit to Trident



Mass Media/ Data Science



Mrs Maninder Kaur (HOD AI), Shastri Nagar, Ludhiana got "Shiksha Ratan" (Jewels of Education) award in 'Artificial Intelligence and Innovation' CT University, Ludhiana.





An enlightening session by Ms. Shubhangi Pandurang Tidake, Assistant Professor, School of Data Science, Symbiosis, Pune & Mr. Vrushabh Tayde, Admission Coordinator at Symbiosis Skills and Professional University, Pune, provided valuable insights into career and higher education opportunities in emerging fields like Data Science and other skill-based programmes offered at Symbiosis.

Visit to Media Fiesta

Students of Classes X (Multimedia) and XII (Mass Media) attended MediaVerse by Brilliko Institute of Animation and VFX, gaining hands-on exposure to animation and video-editing tools and exploring career opportunities in the media field.



Seminar on Autodesk Maya and its Future Career Prospects



A session on "Autodesk Maya and Its Future Career Prospects" was held in the Mass Media Lab, where Brilliko Institute experts shared key industry insights with students.

Fashion Designing/ Beauty & Wellness/ Food Production

Interactive Sessions



An enriching interaction with renowned makeup artist **Aarushi Oswal** provided Beauty and Wellness students with industry insights and career-oriented guidance.

A guest lecture by Chef Mandeep Singh, Associate Professor at CCHMCT, CGC-Landran, was held on October 16, 2025, for Classes XI and XII. The session introduced students to career opportunities and emerging trends in the hospitality and hotel industry.

An inspiring session with **Mr. Sunil Vinayak** was organized for Fashion Studies students, offering valuable insights into the fashion industry



The Excellence Compendium

Our Principal's Hall of Fame



- Received Principal of the Year award in **National Education Conclave 2025 – The Finest Yearly Educational Conclave of India**, by Plus 91 Media in partnership with IBM
- Honoured to be recognized as an Outstanding Educational Visionary at the Indian School Awards 2025, Chitkara University
- Received appreciation certificate for participating in 1st International and 31st Annual Conference of Sahodaya School Complexes held at Dubai on 4th& 5th December 2025
- Received appreciation certificate for remarkable contribution and unwavering support to Mission SwasthKavach helping in providing lifesaving skills of CPR and BP measurement.
- Received FAP National Award 2025 in the category – Life Time Achievement Award by Federation of Private Schools and Associations of Punjab.
- Received **Award of Honour** for gracing **The Speaking Minds Youth Conclave 2025** as a Guest Speaker, which was presented by Initiators Of Change
- Attended Annual **IC3 Conference & EXPO 2025** at Jio World Convention Centre, Mumbai
- Attended online CBSE session on Innovate & Lead: School Transformation Strategies, An online Training Series.
- Attended Woman Leadership 2.0 Summit by LMA
- Attended LSSC Meeting regarding Sahodaya Board Examination for classes IX & XI.
- Attended Online meeting with CBSE Regional Officer regarding ***Pariksha pe Charcha*** as Deputy City Co-Ordinator.
- Attended CBSE Review committee meeting for Virtual Inspection.
- Performed Duty as CBSE Inspection Committee Member.



Pillars of Our Success

Empowered through continuous learning and professional growth

Faculty	Programme	Venue
Mr. Amit Goyal	Disaster Management	Max Arthur Macaulife Public School, Samrala.
Ms. Jasleen Kaur	CBSE Capacity Building Workshop on Competency Based Assessment (Secondary Level- Social Science)	KVM School, Civil Lines, Ludhiana.
Ms. Tanuja Puri and Ms. Manisha Grover	Promoting Mental Health and Wellness among Students	DCM Presidency School, Phase III, Chd. Road, Ludhiana.
Ms. Manju Kapoor and Ms. Himanshi Chitkara	Values Education Capacity Building Programme	KVM, Civil Lines, Ludhiana.
Mr. Nitin Gaur and Ms. Upasna Mahajan	CBSE Capacity Building Workshop on Competency Based Assessment (Secondary Level Science)	KVM, Civil Lines, Ludhiana.
Ms. Mona Goyal	LSSC Community of Practice in Chemistry	DAV, BRS Nagar, Ludhiana.
Ms. Kanika Chaudhary	LSSC Community Circle- Round 1 (Mathematics)	DCM Presidency School, Ludhiana.
Ms. Madhvi Bhardwaj	Ludhiana Sahodaya Schools Community Circle Programme	Sacred Heart Sr. Sec. School, BRS Nagar, Ldh. LPU, Phagwara.
Ms. Raju Kaushal and Mr. Rakesh Sharma	Right to Education Conclave	LPU, Phagwara
Dr. Dimple Sharma	LSSC Community Circle Round-1 (Economics)	KVM School, Civil Lines, Ludhiana.
Ms. Rupali Adya	LSSC Community Circle Round-1 (Mathematics)	BCM Arya School, Lalton.
Ms. Gagandeep Shukla	Virtual Workshop on E-Waste Awareness and Reduction by Ministry of Education.	Online
Dr. Dimple Sharma	LSSC Community Circle Round-2 (Economics)	KVM, Civil Lines, Ludhiana.
Ms. Seerat-	LSSC Community Circle Round-2	Drishti Dr. RC Jain Innovative Public School.

Empowering Educators: Soft Skills Session with LPU



In collaboration with Lovely Professional University (LPU), our school organised an **enlightening session** on Soft Skills and Public Dealing under **Project Disha, LPU's CSR initiative**, led by **Mr. Kumar Kartikain Shivam**, Assistant Professor of Soft Skills, and **Mr. Dinesh Kumar**, Officer, Department of Career Guidance, LPU

LSSC Round 1 Accountancy Workshop

A **powerful confluence of minds** brought together **35 passionate educators** from various schools, united in their commitment to reimagine commerce education.



Champions In The Making SPORTS

World Record in Hula Hoop



Our little star **Adarshpreet Kaur** (III-D) etched her name in the **World Wide Book of Records** by achieving the world record for maximum hula hoop spins on knees (7-9 years). She performed an impressive 185 spins on both knees in just 30 seconds.



Our tiny star **Saisha Bedi** (Nursery) created history by entering the **Kids World Records** for performing the **Longest Time Hula Hooping with One Hoop on the Arm and Waist** (4-6 years category), achieving an impressive 3 minutes of nonstop hooping.



Girik Bedi (Class I-J) created a remarkable milestone by entering the **Kids World Record** for the **longest hula hoop** spinning around both arms and knees (boys, 4–6 years).

National Level

YOGA



Our talented and spirited students from classes IV to XII won various Gold, Silver, and Bronze medals at the National Level Yoga Championship held at BVK DAV College, Amritsar.



Karul Tyagi



Daksha

Karul Tyagi (XII-Medical) earned Gold medal in traditional event and artistic pair and Silver in Artistic Solo whereas **Daksha** (IX-D) secured Gold medal in artistic pair in U-19 Girls Yoga at the Punjab School Games (State Level) held at Patiala.



Dhriti Aggarwal (XI-FP) clinched the Bronze Medal in U-17 Taekwondo National Independence Cup held at Jaipur, Rajasthan.

"Good questions outrank easy answers." –*Paul Samuelson*

State Level

Punjab State Junior & Senior Badminton Tournament, Jalandhar.

Saanvi Nautiyal (XII NMB):
4 Gold & 1 Bronze (Sr. Category)
Aditya Sharma (XI Com A):
Gold (U-19 Doubles)
Raghav Bhatia (XI Arts):
Bronze (U-19 Doubles)
Naman Narang (XII NMC):
Bronze (U-19 Mixed Doubles)
Anupama (XII MM):
Bronze (U-19 Mixed Doubles)



Punjab State Sub-Junior Ranking Badminton Tournament

Satvik Bhatia (IX G):
Gold – U-15 Boys Doubles
Silver – U-15 Boys Singles
Bronze – U-17 Boys Doubles
Aadvilk Bhatia (VII B):
Bronze – U-15 Boys Doubles



Taekwondo State Tournament held at Jalandhar

Aryan Singh Mehta (X-G) clinched gold medal at SGFI (U-17)



Winners in U-19 Girls Handball State Tournament held at PAU, Ludhiana.



Open Punjab State Yoga Championship (U-16 to U-18)

Traditional and Artistic Yoga – Overall Second Position



LSSC Achievements

Handball

Second Position in the Ludhiana Sahodya SC U-14 Girls Handball Tournament held at BVM, Kitchlu Nagar.



Third Position in the Ludhiana Sahodya SC U-19 Boys Handball Tournament held at BVM, Kitchlu Nagar.



Third Position in the Ludhiana Sahodaya SC U-19 Girls Handball Tournament held at BVM Kitchlu Nagar, Ludhiana.

Punjab State Ranking Badminton Tournament

Satvik Bhatia (IX-G) won Gold (Doubles) and Bronze (Singles), **Khagesh Chadha** (IX-D) secured Bronze (Doubles) in U-15 category and **Aditya Sharma** (XI Com-A) bagged Gold (Doubles) in U-17 category at the Punjab State Ranking Badminton Tournament held at Jalandhar.



Teachers' Day

Teacher's Day was celebrated with great enthusiasm and appreciation, creating a joyful atmosphere of gratitude and respect for educators. Adding a special charm to the celebration was the release of an interdisciplinary book featuring creative compositions by teachers, thoughtfully crafted to bring classroom concepts to life through engaging storytelling for students.









"Education is one thing no one can take away from you." –*Elin Nordegren*



STEAM Galore

An explosion of Innovation and Creativity

Our VIII graders proudly presented a dynamic showcase where Science, Technology, Engineering, Arts, and Mathematics collide. From mind-blowing project demos and interactive tech to powerful presentations and artistic flair, BCM Aryans showcased their talent, teamwork, and passion for discovery.

Mock Parliament

Our 6th to 8th graders stepped into the mock parliament to experience the proceedings of a parliamentary session, simulating the Lok Sabha discussions. Participants took on various roles, including Members of Parliament, and actively debated key issues, enhancing their understanding of democratic processes. It was an enriching experience that brought the workings of our democracy to life!









Kindergarten Kaleidoscope

Moments of Magic - Kindergarten Annual Show

The three-day Kindergarten Extravaganza celebrated creativity and talent as nearly 1200 young learners showcased vibrant performances of music, dance and drama. The Nursery event, Prarambh – The Dawn of Happiness, radiated innocence and joy, marking the children's first steps into learning. The LKG presentation, Manthan – The Reflection that Illuminates, emphasized values and self-awareness, highlighting the role of reflection and roots in shaping young minds. The UKG finale, Swarn Kshitij – The Spirit of Rising India, conveyed hope and resilience, reflecting the confidence of a young generation ready to embrace the future. Together, the performances created a journey of joy, reflection, and aspiration.

CHIEF GUEST- **DR. NIDHI KHERA,** IRS, JOINT COMMISSIONER (INCOME TAX) GURUGRAM



CHIEF GUEST- **DR. VISHAL SHARMA,** MS (ENT, HEAD AND NECK SURGERY) CONSULTANT, MANIPAL HOSPITAL, PATIALA



CHIEF GUEST- DR. VIDHU GUPTA, ASSOCIATE PROFESSOR & ASSOCIATE DEAN, CHANDIGARH SCHOOL OF BUSINESS, CGC UNIVERSITY, MOHALI, PUNJAB



CHARACTERS CAME ALIVE



KAVYA Kalash



LITTLE VOICES Big Message Green Diwali



WHISPERS of Poetry



SHOW & Tell



STORIES TOLD with Confidence



PRIMARY
The Early Learning SPECTRUM

Grade V students delivered an enchanting rendition of Shakespearean dramas, portraying timeless characters with remarkable poise and eloquence through **Drama Diadem**. Their expressive artistry, articulate dialogue, and seamless collaboration mesmerized the audience. This vibrant production offered a splendid gateway into Shakespeare's literary brilliance, showcasing the young performers' blossoming passion for theatre and storytelling.





Grade III students enthralled the audience at **Katha Utsav** with their imaginative storytelling and vibrant expressions. Each tale was narrated with clarity, confidence, and delightful creativity. The young storytellers showcased their growing mastery of language, transforming simple stories into captivating performances that celebrated curiosity, culture, and the joy of narration.



DRAMEBAAZ - BOLD PERFORMANCES, BOUNDLESS CREATIVITY



FICTION FRANZY - DIVE INTO WORLDS BEYOND REALITY





KAVYA Kalash



TED Talk
Ideas worth Sharing, VOICES WORTH HEARING



संतुलन की ओर



सचिता का दिल दो भागों में बँटा हुआ था—एक तरफ़ स्कूल की किताबों का भारी बोझ, तो दूसरी तरफ़ मैदान में दौड़ते–दौड़ते हवा में उछलकर अपने सपनों की छलांग लगाने की चाहत। हर सुबह जब वह घर से निकलती, तो मन में सवाल अनगिनत होते लेकिन हल एक भी दिखाई न देता। कभी सोचती पढ़ाई जरूरी है तो कभी खेलों में अपना भविष्य दिखाई देता। इन दोनों के बीच संतुलन कहाँ और कैसे बने, बस यही समझ नहीं आता था।

एक दिन कक्षा में उसे गुमसुम बैठे देखकर सामाजिक विज्ञान की शिक्षिका श्रीमती राव ने टोका और उसकी मायूसी का कारण पूछा। सचिता ने अपनी उलझन को सबके साथ साझा किया तो श्रीमती राव ने मुस्कुराते हुए बोर्ड पर एक त्रिकोण बनाया। उन्होंने सभी छात्रों से पूछा, "यह क्या है?"

"त्रिकोण"– सभी छात्रों ने उत्तर दिया।

"बिलकुल सही! लेकिन यह ज़िंदगी का त्रिकोण है।" श्रीमती राव ने मुस्कुराते हुए कहा तो सभी बच्चे एक दूसरे का मुँह ताकने लगे। अपनी बात को जारी रखते हुए श्रीमती राव कहती रहीं, "सचिता, जीवन में कई बार हमें कई विकल्पों के बीच फँसना पड़ता है। इस त्रिकोण को देखो–इसके तीन बिन्दु हैं: पढ़ाई, खेल और व्यक्तिगत खुशी। हर बिन्दु का अपना कोण है और इस त्रिकोण का कुल योग 180 है।"

अगर हम पढ़ाई को एक कोण मानें तो खेल और व्यक्तिगत खुशी दूसरा और तीसरा कोण बनेंगे। इन तीनों में संतुलन बहुत जरूरी है। अगर पढ़ाई का यह कोण बहुत बड़ा हो गया, तो बाकी दो कोण छोटे हो जाएंगे, और त्रिकोण असंतुलित हो जाएगा। यही स्थिति शारीरिक स्वास्थ्य अर्थात् खेलकूद में भी है। अगर हम केवल खेल पर ध्यान दें, तो पढ़ाई का कोण छोटा हो जाएगा और भविष्य में कठिनाइयाँ आ सकती हैं। मनोवैज्ञानिक रूप से अपनी व्यक्तिगत खुशी को भी जीवन में सही स्थान देना बहुत आवश्यक है क्योंकि इसी से हम अपने दिल की आवाज़ सुनते हैं, और यह हमारे जीवन के दोनों बाकी कोणों को संतुलित रखने का काम भी करता है।"

श्रीमती राव ने एक छोटा–सा प्रयोग करवाते हुए सचिता और उसके सहपाठियों को एक पतली रेखा पर दो बिंदु लगाकर एक त्रिकोण बनाने के लिए कहा। सबने त्रिकोण बनाए। श्रीमती राव ने सचिता से उनकी समीक्षा करने के लिए कहा। सचिता ने उत्तर दिया, "मिस, त्रिकोण का एक बड़ा कोण बाकी दो कोणों को इस तरह दबा देता है, जैसे कोई शक्तिशाली किसी शक्तिहीन को दबाकर कुचल देता है।" सभी बच्चों ने सचिता की बात सुनकर तालियाँ बजाईं।

सचिता ने इस सीख को पूरी तरह आत्मसात कर लिया। अब वह हर रात अपने दिन की घटनाओं को इस त्रिकोण में ढालकर देखती। पढ़ाई के घंटे, खेल के मिनट, और कितनी खुशी, सबका हिसाब–किताब वह रखने लगी। धीरे–धीरे वह सुबह जल्दी उठकर थोड़ा पढ़ाई करना, फिर शाम को मैदान में दौड़ना, और रात में अपनी पसंदीदा किताबों से मन को शांत करना सीख गई।

वह अब न केवल अपने अंक बढ़ते देखती, बल्कि मैदान में भी तेज़ दौड़ती। सबसे बड़ी बात, उसके चेहरे पर संतोष की चमक थी। जैसे एक त्रिकोण के तीनों कोण मिलकर 180° के रूप में पूर्णता पाते हैं, वैसे ही उसके जीवन के तीनों पहलू भी एक साथ मिलकर एक सुंदर समीकरण बनाने लगे।

प्यारे बच्चो! सचिता की तरह ही आप भी अपने जीवन के हर पहलू को उसका महत्वपूर्ण स्थान देकर सफलता पा सकते हैं। आवश्यकता है तो केवल एक सही संतुलन बनाने की कला को सीखने की।

डॉ. अनु शर्मा कौल
हिंदी विभागाध्यक्षा

Psychology Corner

"Have You Picked Up Your Phone for 10 Minutes... But Ended Up Scrolling for Hours?"

My dear students, that is doomscrolling - and like anything done excessively, it has consequences. In 2024, Oxford identified the *effect* of doomscrolling and named it **brain rot**. It happens when your mind is constantly fed quick, shallow, repetitive content. Over time, your attention weakens, your memory becomes foggy, and even simple tasks start feeling difficult. You may not notice it immediately, but when you feel you *can't study*, can't focus on anything for more than 30 seconds, or your daily activities start getting affected–that, my friend, is brain rot acting up.

That's your brain signalling that it's overwhelmed.

How to Break the Cycle (Simple Steps That Truly Work):

- Keep your phone outside the room while studying
- Avoid using your phone during meals or conversations
- Stop scrolling the moment you catch yourself saying "just one more"
- Replace one scrolling session with learning a new skill
- Read a few pages every day–anything you enjoy
- Turn off notifications from the apps that distract you the most

These small habits protect your mind–and bring back your focus, energy and spark.

QUOTE OF THE QUARTER



By : Mrs. Henna Soni (Co-Editor)
Designed By : Ms. Davinder Kaur

A Reverent Tribute to the Visionary Rishi Swami Dayanand Ji

With great joy and enthusiasm, the Nirvana Divas of Swami Dayanand Ji, was observed at the premises of Arya Samaj, Model Town. The programme began with mantra recitation and Yajna, followed by an inspiring address by Hony. Secretary Captain Vijay Kumar Sayal ji, urging all to follow the ideals of the great Rishi Swami Dayanand Ji.



Budding Authors, 2025-26

- **Nitima** (Class V) – **Jury Choice Award**
- **Tegbir Singh** (Class II) – **State Level Best Seller Award** and **Gold & Silver Medals**.



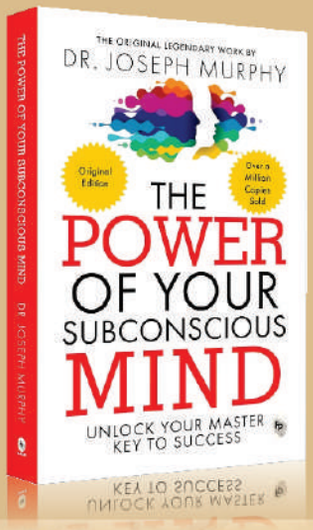
Let us Read



Junior Library

Total No. of Books : 11365
Name of the Book : The power of your subconscious mind
Author : Dr. Murphy Joseph
Book Review :

"The Power of Your Subconscious Mind" is a classic self-help book that explains how our thoughts, beliefs, and mental impressions shape our life. Dr. Joseph Murphy teaches that your subconscious mind is like a powerful inner computer that accepts whatever you think repeatedly. By changing your thoughts, affirmations, and beliefs, you can change your life.



Senior Library

Total No. of Books: 20269
Name of the Book : Every Child Can
Author : Kiran Bir Sethi

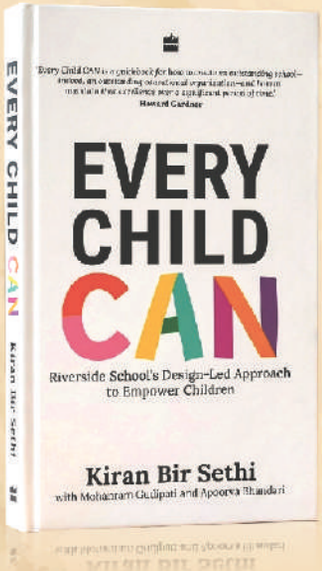
About the Book : Every Child Can is an inspiring book that redefines what education can look like when we truly believe in the power and potential of every child. Written by Kiran Bir Sethi, the founder of The Riverside School in Ahmedabad, the book showcases how a school can become a place where children are not just taught-but empowered.

The book is based on a simple yet powerful idea: Children learn best when they feel confident, responsible, and trusted. Through real stories from classrooms, teachers, parents, and student, the author show how a design-thinking approach called FIDS (Feel-Imagine-Do-Share) can turn ordinary students into creative thinkers and change-makers.

What makes this book special is its focus on joyful learning. Instead of rote real problems, imagine solutions, and take actions. This process not only builds knowledge but also nurtures empathy, teamwork, and leadership.

The book also reminds us that every child is different-and that teaching methods should adapt to each child's unique strengths. With its child-friendly examples and inspiring philosophy, Every Child Can motivates educators to rethink classrooms as places that celebrate curiosity and creativity.

In short, this book is a refreshing read for teachers, parents and students. It shows that education becomes truly meaningful when children are allowed to explore, express and believe in the magic of the words : "I Can."



DC's Visit

A Proud Moment for Our School

Our school had the privilege of welcoming **Sh. Himanshu Jain, City Deputy Commissioner,** to the Department of Skill Education. While interacting with students and faculty, he acknowledged the department's efforts in promoting hands-on learning. Thereby, his words of encouragement reinforced our commitment to shaping skill-driven, future-ready learners.













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